ORGANICS HappyFAMILY®

QUICK REFERENCE ALLERGY CHART

- does not contain
- contains allergen
- kosher

	soy	dairy	gluten	tree nuts	peanuts	fish/shell fish	egg	kosher
Happy Mama **LACTATION OAT BAR** peach + coconut + cashew cherry + lemon	○	○	○	●	○	○	○	○
Happy Baby **INFANT FORMULA** stage 1 sensitive stage 1 stage 2	●	●	○	○	○	○	○	●
Happy Baby **PROBIOTIC CEREAL** oatmeal multi-grain	○	○	●	○	○	○	○	●
Happy Baby **CLEARLY CRAFTED® CEREAL** oatmeal oats & quinoa	○	○	○	○	○	○	○	●
Happy Baby **STAGE 1: CLEARLY CRAFTED® POUCHES** mangos prunes	○	○	○	○	○	○	○	●
Happy Baby **STAGE 2: CLEARLY CRAFTED® POUCHES** apple, blueberries & oats apples, guavas & beets apples, kales & avocados apples, pumpkin & carrots bananas, raspberries & oats banana, sweet potatoes & papayas black beans, beets & bananas carrots, strawberries & chickpeas green beans, spinach & pears pear, kale & spinach pears, pumpkin & passion fruit pears, squash & blackberries pears, zucchini & peas sweet potatoes, mangos & carrots	○	○	○	○	○	○	○	●
Happy Baby **STAGE 2: CLEARLY CRAFTED® MEALS** apples, sweet potato & granola bananas, pineapple, avocado & granola banana, plums & granola pears, pumpkin, peaches & granola purple carrots, bananas, avocados & quinoa zucchini, apples, peas, quinoa & basil	○	○	○	○	○	○	○	○
Happy Baby **STAGE 1: CLEARLY CRAFTED® JARS** carrots green beans pears sweet potatoes	○	○	○	○	○	○	○	○
Happy Baby **STAGE 2: CLEARLY CRAFTED® JARS** apples & blueberries apples, mangos & beets apples, oats & cinnamon apples & spinach bananas, blueberries & beets bananas & strawberries bananas & sweet potatoes carrots & peas pears & kale pears, mangos & spinach pears, pineapple & avocado pears & prunes	○	○	○	○	○	○	○	○

Happy Family Organics

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Happy Baby **STAGE 2: SIMPLE COMBOS** apples, spinach & kale bananas, beets & blueberries pears, mangos & spinach pears, peas & broccoli	●	●	●	●	●	●	●	●
Happy Baby **STAGE 3: HEARTY MEALS** harvest vegetables & chicken with quinoa root vegetables & turkey with quinoa vegetable & beef medley with quinoa	●	●	●	●	●	●	●	●
Happy Baby **TEETHERS** banana & sweet potato blueberry & purple carrot pea & spinach	●	●	●	●	●	●	●	●
Happy Baby **SUPERFOOD PUFFS** apple & broccoli banana & pumpkin kale & spinach purple carrot & blueberry strawberry & beet sweet potato & carrot	●	●	●	●	●	●	●	●
Happy Baby **YOGIS** banana mango mixed berry strawberry	●	●	●	●	●	●	●	●
Happy Baby **GREEK YOGIS** blueberry & purple carrot strawberry banana	●	●	●	●	●	●	●	●
Happy Baby **CREAMIES** apple, spinach, pea & kiwi strawberry, raspberry & carrot	●	●	●	●	●	●	●	●
Happy Baby **RICE CAKES** apple blueberry & beet	●	●	●	●	●	●	●	●
Happy Tot **TODDLER MILK** stage 3	●	●	●	●	●	●	●	●
Happy Tot **FIBER & PROTEIN POUCHES** apple, peach, pumpkin & cinnamon pear, blueberry & spinach pear, kiwi & kale pear, raspberry, butternut squash & carrot	●	●	●	●	●	●	●	●
Happy Tot **LOVE MY VEGGIES POUCHES** banana, beet, squash & blueberry carrot, banana, mango & sweet potato spinach, apple, sweet potato & kiwi zucchinis, pears, chickpeas & kale	●	●	●	●	●	●	●	●
Happy Tot **SUPER MORNING POUCHES** apple, cinnamon, yogurt & oats banana, blueberry, yogurt & oats	●	●	●	●	●	●	●	●

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Happy Tot **SUPER FOODS POUCHES** apple & butternut squash apples, mangos & kale apples, spinach, peas & broccoli apples, sweet potato, carrots & cinnamon banana, peach & mango pears, bananas, sweet potato & pumpkin pears, beets & blueberries pears, green beans & peas pears, mangos & spinach	○	○	○	○	○	○	○	●
Happy Tot **SUPER SMART POUCHES** bananas, beets & strawberries	○	○	○	○	○	○	○	●
bananas, mangos & spinach + coconut millk	○	○	○	●	○	○	○	●
Happy Tot **FIBER & PROTEIN BOWLS** cheesy lentils & quinoa	○	●	○	○	○	○	○	○
Happy Tot **LOVE MY VEGGIES MEAL BOWLS** cheese & spinach ravioli	○	●	●	○	○	○	○	○
mac & cheese	○	●	○	○	○	○	●	○
squash ravioli	○	○	●	○	○	○	○	○
Happy Tot **SUPER MORNING BOWLS** apples & blueberries bananas & strawberries	○	○	○	○	○	○	○	○
Happy Tot **TODDLER PASTA BOWLS** turkey bolognese	○	○	○	○	○	○	●	○
Happy Tot **FIBER & PROTEIN GLUTEN FREE OAT BAR** apple & spinach banana & carrot	○	○	○	○	○	○	○	○
Happy Tot **SUPER FOODS GLUTEN FREE OAT BAR** bananas, strawberries & sunflower butter blueberries & oatmeal	○	○	○	○	○	○	○	○
Happy Tot **LOVE MY VEGGIES CHICKPEA STRAWS** cheddar & spinach	○	●	○	○	○	○	○	●
sweet potato & rosemary	○	○	○	○	○	○	○	●
Happy Tot **SUPER SMART MULTI-GRAIN ALPHABET SNACK** cinnamon sweet potato + flaxseed vanilla oat + flaxseed	○	○	○	○	○	○	○	●
Happy Kids **FRUIT & OAT BAR** apple + cinnamon banana + chocolate blueberry + raspberry	○	○	○	●	○	○	○	○
Happy Kids **POUCHES** apple, beet, strawberry & kiwi apple, blueberry & pomegranate apple, kale & blueberry apple, kale & mango	○	○	○	○	○	○	○	●